

Praxisrelevante Fortschritte bei MM PatientInnen, die für eine Transplantation in Frage kommen

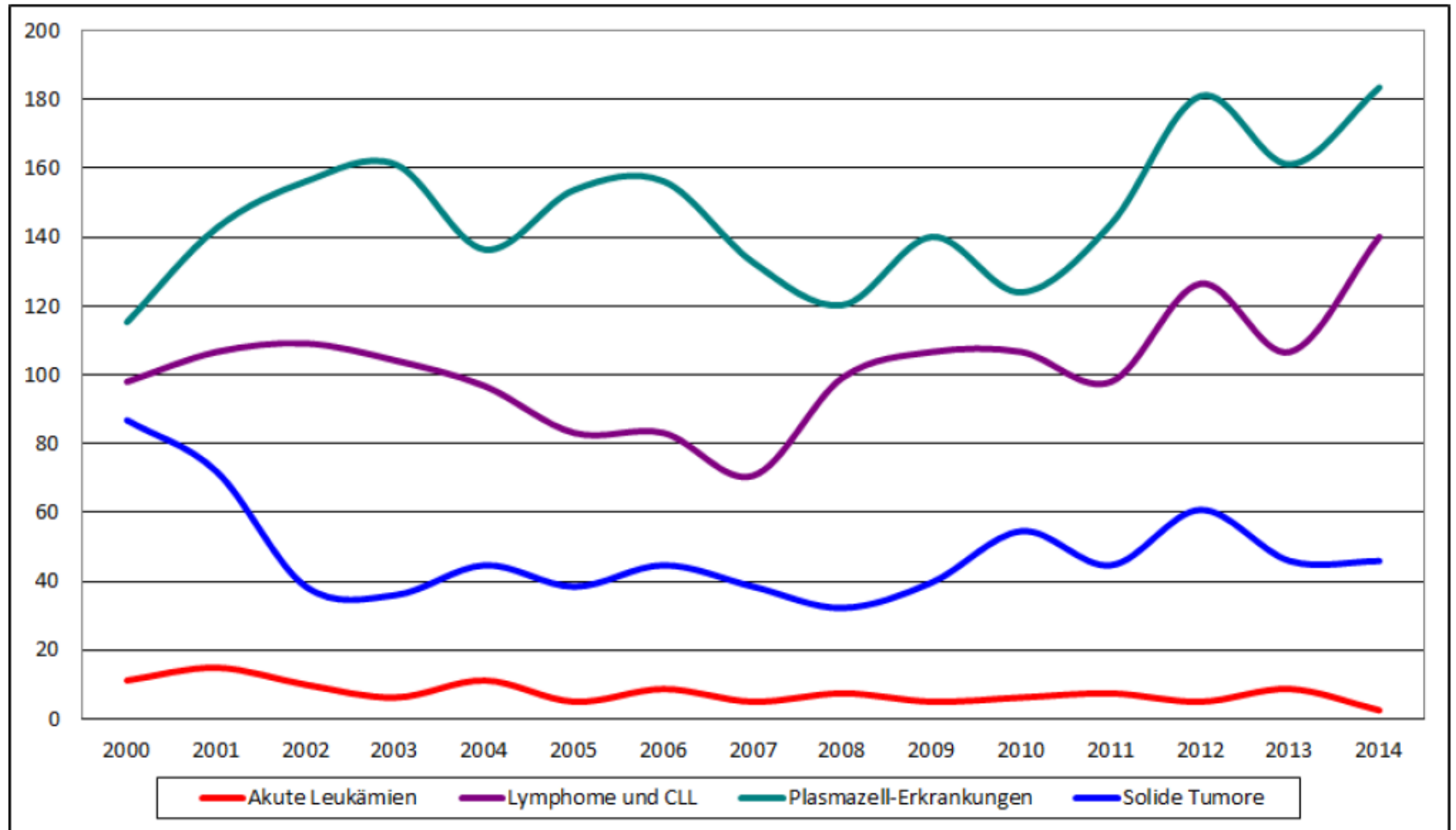
OA Priv. Doz. Dr. Niklas Zojer

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Zentrum für Onkologie und Hämatologie & Palliativmedizin
Wilhelminenspital Wien*

*Braille Haus
18. Februar 2016*

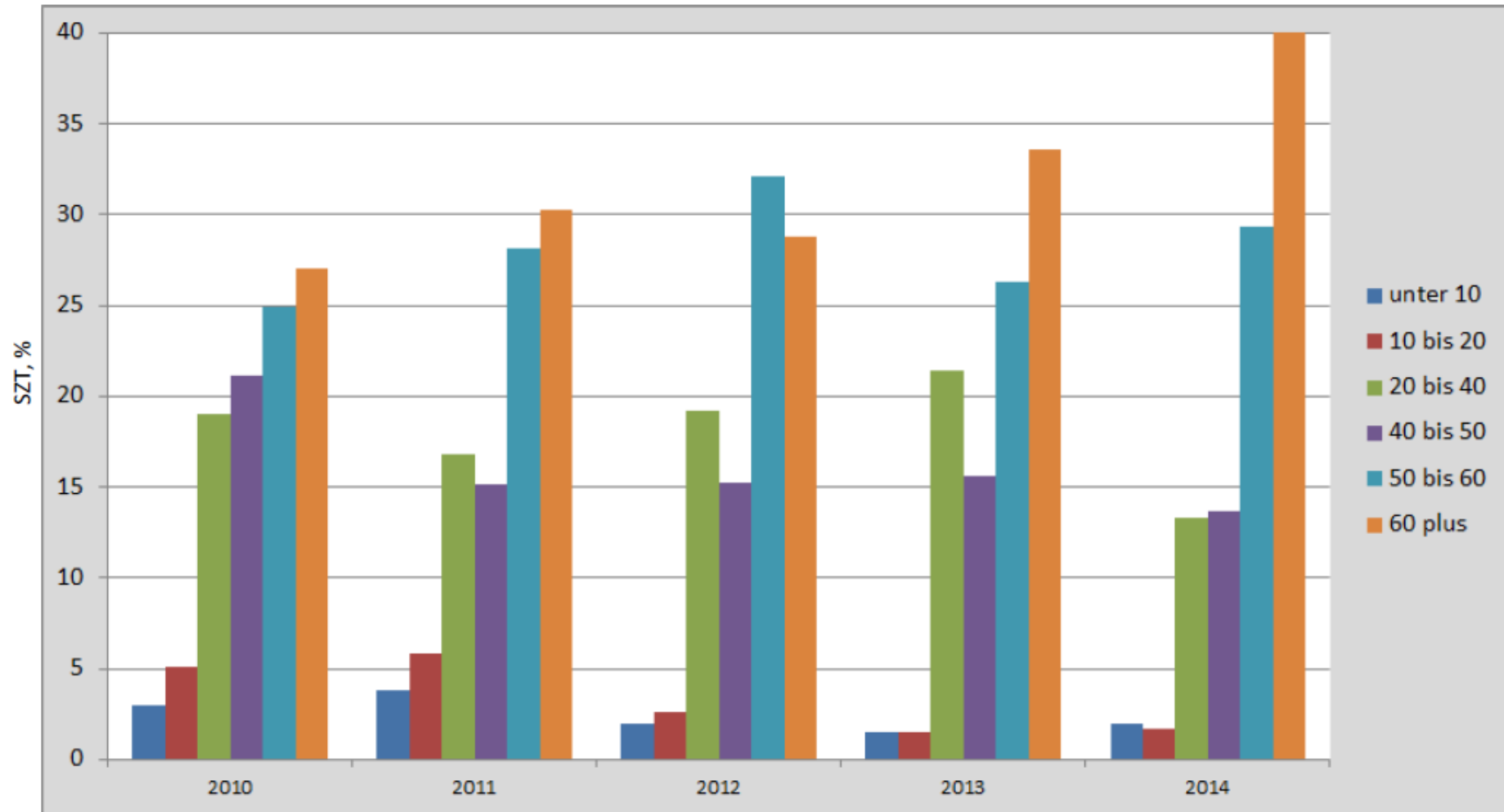
Entwicklung der autologen SZT

2000 – 2014 pro 10 Mill Einwohner, n=4621



Altersverteilung von Patienten mit autologer SZT

2010 - 2014, n=1339 (Angaben in %)



Trends in ASCT for MM in Europe 1991-2010

ASCT bei Patienten ≥ 65 Jahre

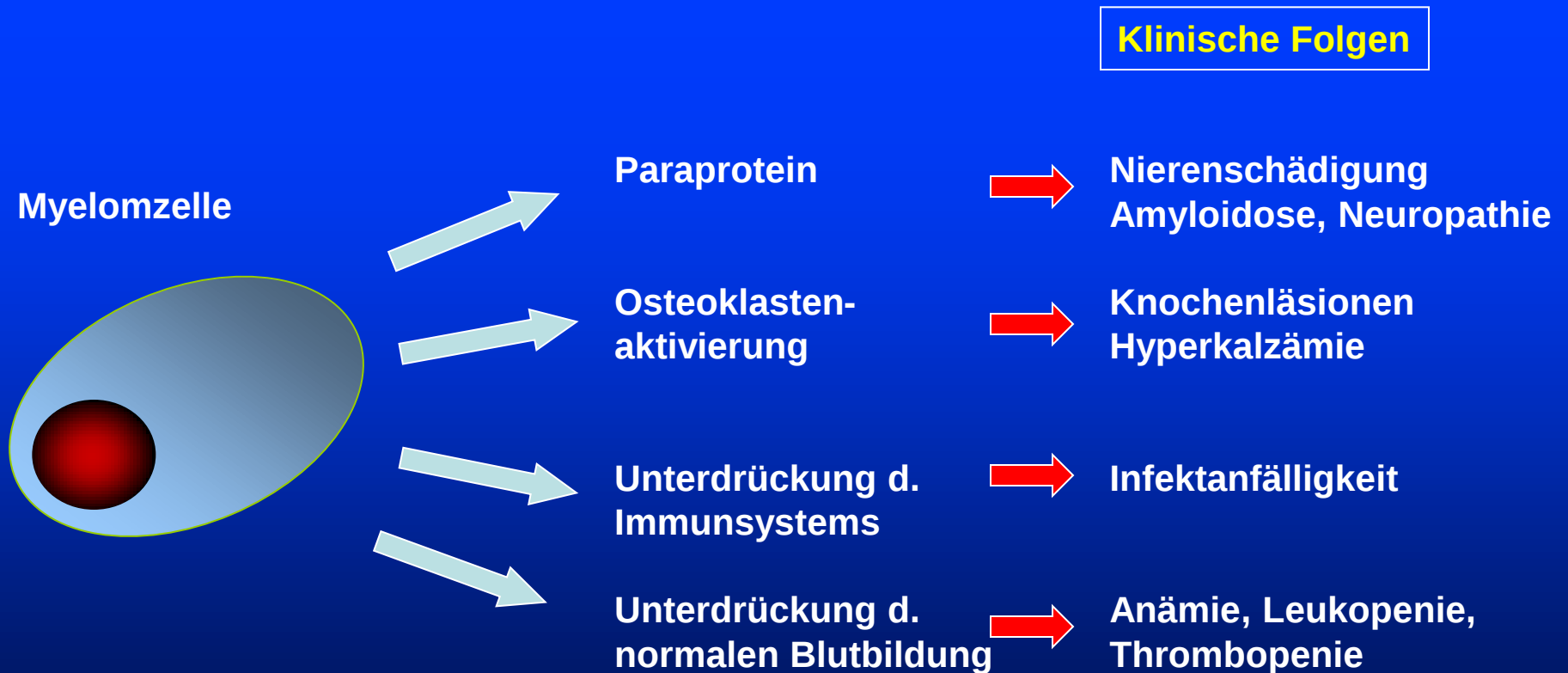
18.8% aller Transplantationen 2006-2010 (3% 1991-1995)

100 Tages Mortalität: $\leq 2.4\%$ ($\leq 1.8\% < 65$ Jahre)

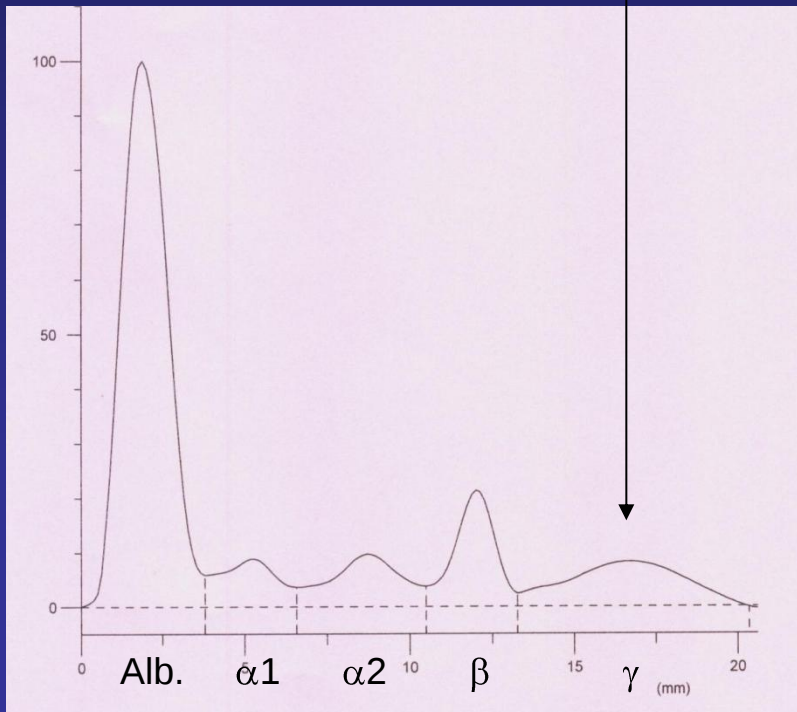
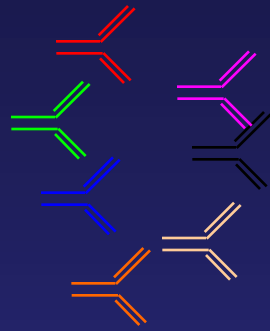
5y OS: $\sim 50\%$ ($\sim 60\% < 65$ Jahre)

Auner et al., Bone Marrow Transplant, Feb. 2015

Einfluß der Myelomzelle auf das Krankheitsbild

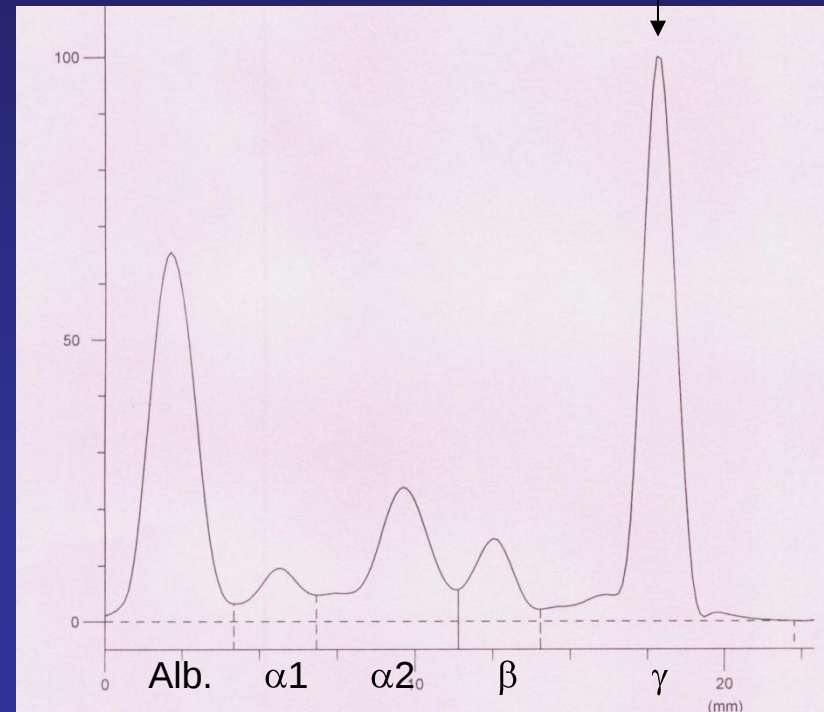
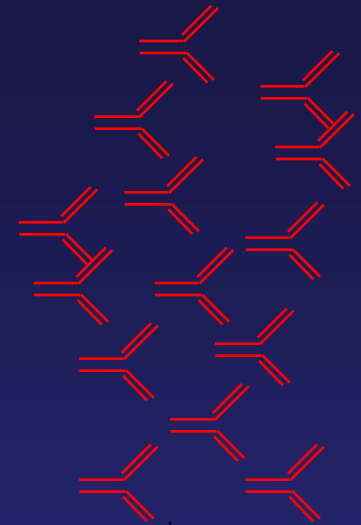


Bei einer Elektrophorese einer gesunden Person findet sich im Gamma (γ) –Bereich eine relativ flache Kurve. Diese wird hervorgerufen durch eine Vielfalt von Immunglobulinen, die durch normale Plasmazellen produziert werden.

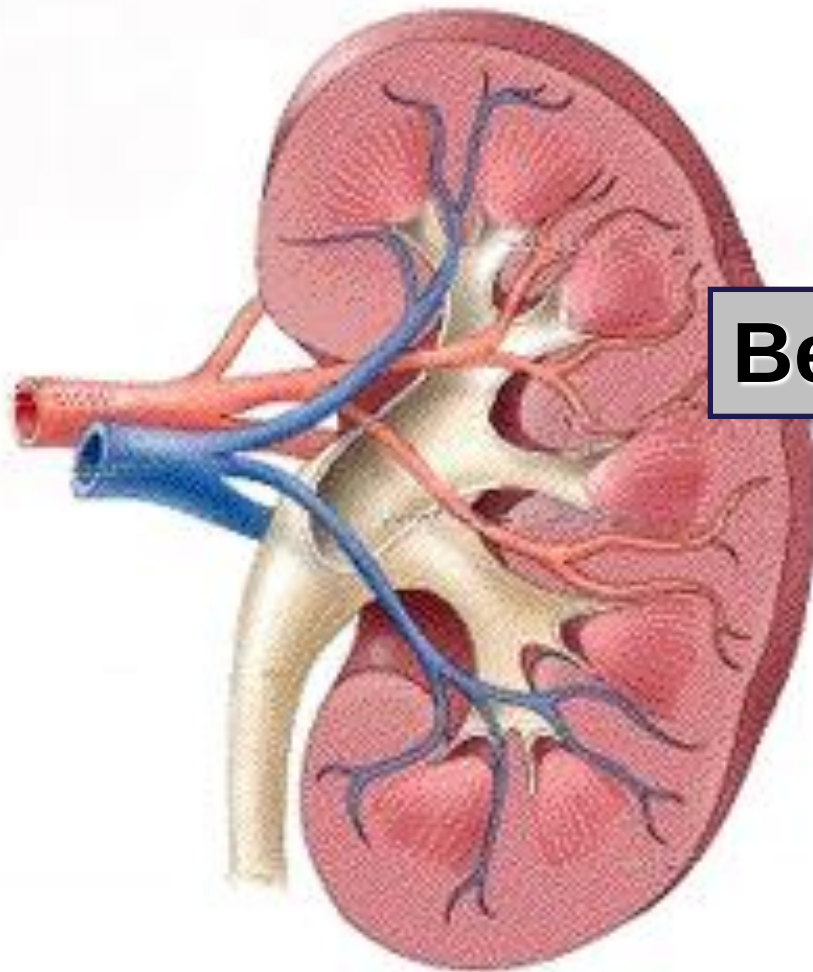


Elektrophorese: gesunde Person

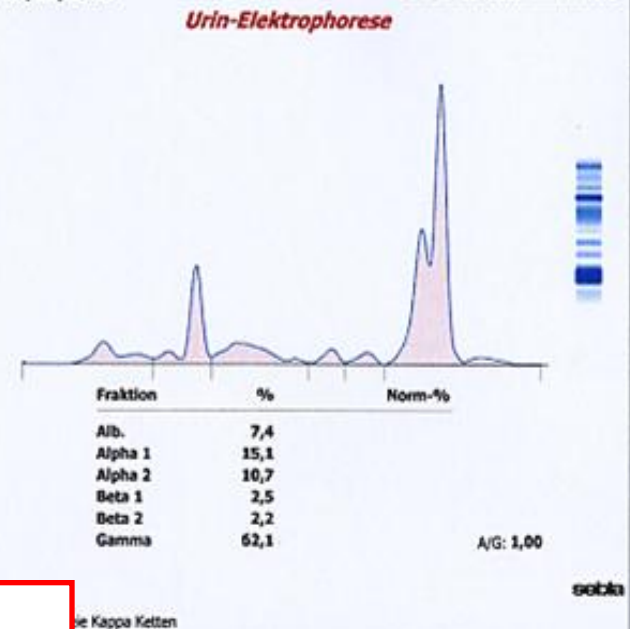
Eine klonale Plasmazelle (Myelomzelle) produziert große Mengen eines Immunglobulins eines einzigen Typs. Dieses Immunglobulin („Paraprotein“) Erscheint in der Elektrophorese als Zacke („M-Gradient“)



Elektrophorese: Myelompatient



Bence-Jones Proteinurie



- Messung 24 h Harn
- ev. Harn-Ephorese
- Myelomniere

Plasmazell-Erkrankungen

- MGUS (monoklonale Gammopathie unbekannter Signifikanz)
- „Smoldering“ Myelom=
asymptomatisches Myelom
- Multiples Myelom
- Extramedulläres Plasmozytom
- Solitäres Plasmozytom
- AL Amyloidose
- Plasmazell-Leukämie

Asymptomatisches Myelom (Smoldering Myelom)

- Serum M Protein ≥ 3 g/dl
und/oder
- KM Plasmazellinfiltration $\geq 10\%$
- Keine Organschäden
- Bei Organschäden → symptomatisches Myelom

Organdysfunktion als „CRAB“ klassifiziert

- C- Kalziumerhöhung ($> 10\text{mg/L}$)
- R- Renale Dysfunktion (Kreatinin $> 2\text{mg/dL}$)
- A- Anämie (Hämoglobin $< 10\text{g/dL}$)
- B- Knochenerkrankung (lytische Läsionen oder Osteoporose)

ZUMINDEST EIN Faktor erforderlich für die Diagnose
SYMPTOMATISCHES MYELOM

International Myeloma Working Group updated criteria for the diagnosis of multiple myeloma

S Vincent Rajkumar, Meletios A Dimopoulos, Antonio Palumbo, Joan Blade, Giampaolo Merlini, María-Victoria Mateos, Shaji Kumar, Jens Hillengass, Efsthios Kastritis, Paul Richardson, Ola Landgren, Bruno Paiva, Angela Dispenzieri, Brendan Weiss, Xavier LeLeu, Sonja Zweegman, Sagar Lonial, Laura Rosinol, Elena Zamagni, Sundar Jagannath, Orhan Sezer, Sigurdur Y Kristinsson, Jo Caers, Saad Z Usmani, Juan José Lahuerta, Hans Erik Johnsen, Meral Beksac, Michele Cavo, Hartmut Goldschmidt, Evangelos Terpos, Robert A Kyle, Kenneth C Anderson, Brian G M Durie, Jesus F San Miguel

Lancet Oncol 2014; 15: e538–48



Neue Kriterien für behandlungspflichtiges Myelom

Panel: Revised International Myeloma Working Group diagnostic criteria for multiple myeloma and smouldering multiple myeloma

Definition of multiple myeloma

Clonal bone marrow plasma cells $\geq 10\%$ or biopsy-proven bony or extramedullary plasmacytoma* and any one or more of the following myeloma defining events:

- Myeloma defining events:
 - Evidence of end organ damage that can be attributed to the underlying plasma cell proliferative disorder, specifically:
 - Hypercalcaemia: serum calcium > 0.25 mmol/L (> 1 mg/dL) higher than the upper limit of normal or > 2.75 mmol/L (> 11 mg/dL)
 - Renal insufficiency: creatinine clearance < 40 mL per min[†] or serum creatinine > 177 μ mol/L (> 2 mg/dL)
 - Anaemia: haemoglobin value of > 20 g/L below the lower limit of normal, or a haemoglobin value < 100 g/L
 - Bone lesions: one or more osteolytic lesions on skeletal radiography, CT, or PET-CT[‡]
 - Any one or more of the following biomarkers of malignancy:
 - Clonal bone marrow plasma cell percentage* $\geq 60\%$
 - Involved:uninvolved serum free light chain ratio $\S \geq 100$
 - > 1 focal lesions on MRI studies $\P$

Knochenmark
Serum
MR

Definition of smouldering multiple myeloma

Both criteria must be met:

- Serum monoclonal protein (IgG or IgA) ≥ 30 g/L or urinary monoclonal protein ≥ 500 mg per 24 h and/or clonal bone marrow plasma cells 10–60%
- Absence of myeloma defining events or amyloidosis

PET-CT=¹⁸F-fluorodeoxyglucose PET with CT. *Clonality should be established by showing κ/λ -light-chain restriction on flow cytometry, immunohistochemistry, or immunofluorescence. Bone marrow plasma cell percentage should preferably be estimated from a core biopsy specimen; in case of a disparity between the aspirate and core biopsy, the highest value should be used. [†]Measured or estimated by validated equations. [‡]If bone marrow has less than 10% clonal plasma cells, more than one bone lesion is required to distinguish from solitary plasmacytoma with minimal marrow involvement. [§]These values are based on the serum Freelite assay (The Binding Site Group, Birmingham, UK). The involved free light chain must be ≥ 100 mg/L. [¶]Each focal lesion must be 5 mm or more in size.

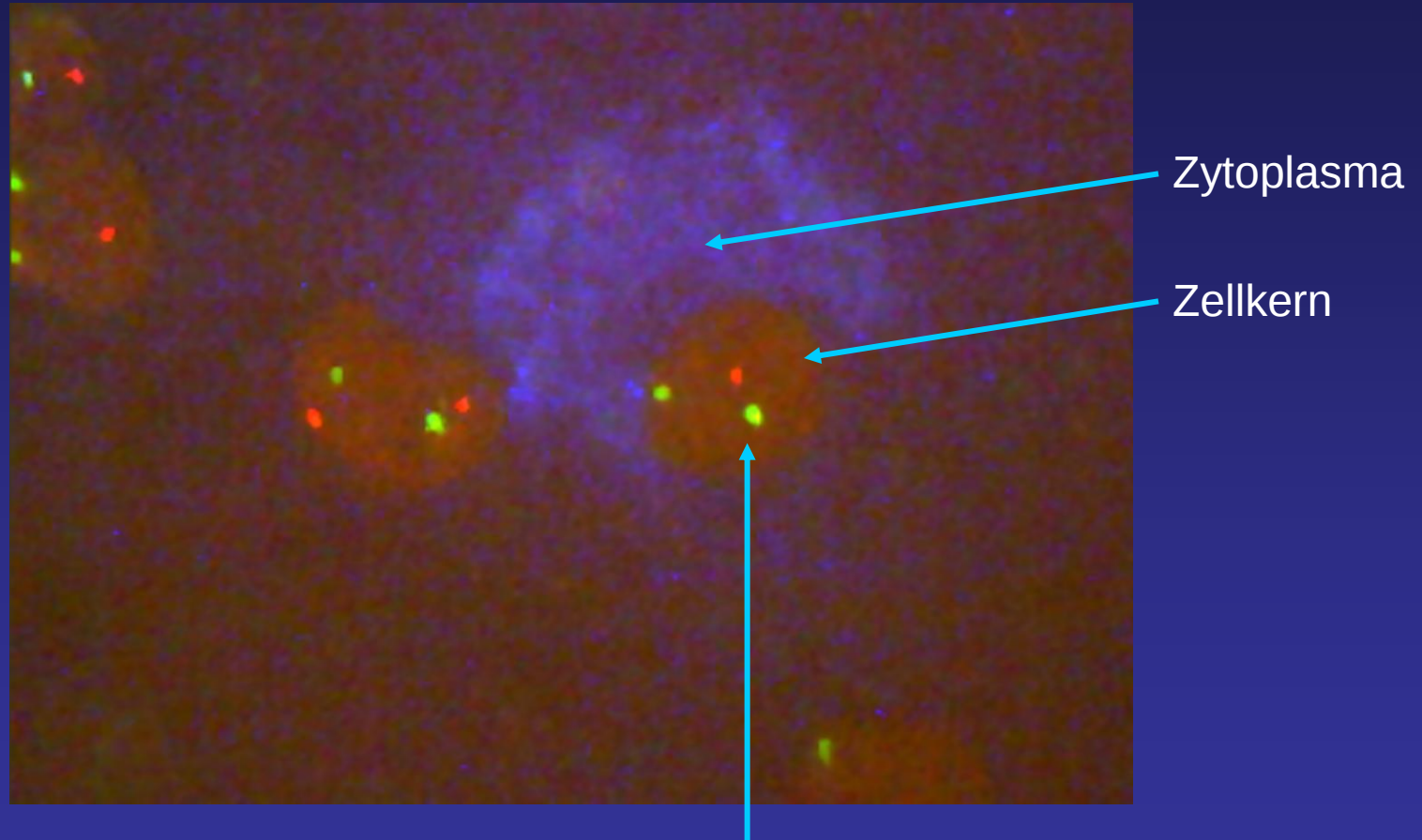
Mayo Stratifizierung (mSMART)

High risk	Intermediate risk	Standard risk
FISH	FISH	All others including:
Del 17p	t(4;14)	FISH
t(14;16)	Cytogenetic del 13	t(11;14)
t(14;20)	Hypodiploidy	t(6;14)
GEP High risk signature	PCLI $\geq 3\%$	

Factor	High risk	Intermediate risk	Standard risk
Incidence (%)	20	20	60
Median OS (y)	3	4-5	8-10

Mikhael et al., Mayo Clinic Proceedings April 2013

FISH Bild mit Nachweis von Chromosomenveränderungen



Grüne und rote Punkte im Zellkern entsprechen bestimmten Chromosomenregionen. In dieser Zelle findet sich nur ein rotes Signal (normalerweise: zwei Signale). Entspricht einem Verlust von Chromosom 13 = Deletion.

Risiko-adaptierte Therapie?



- Maximale Therapie für alle?

„A clash of philosophies“

Rajkumar et al., Blood Sept. 2011

Chemotherapie: Melphalan, Cyclophosphamid, Bendamustin

Steroide: Dexamethason, Prednisolon

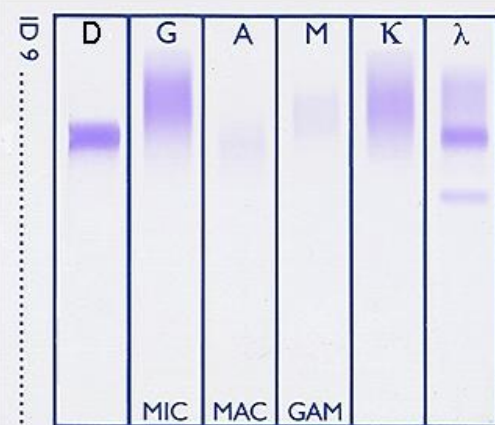
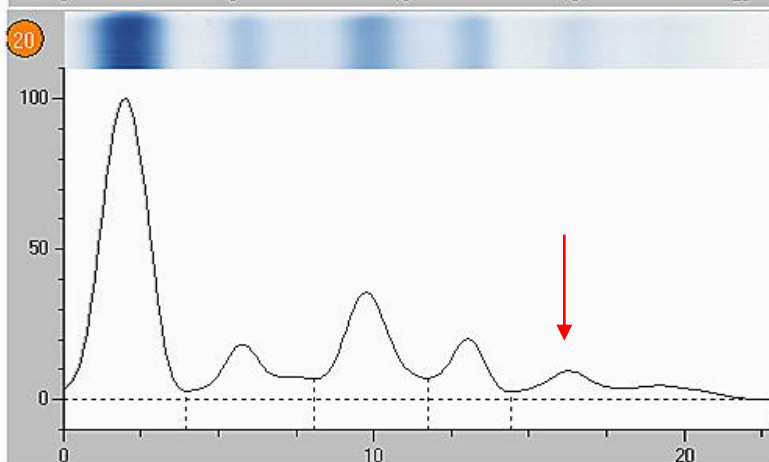
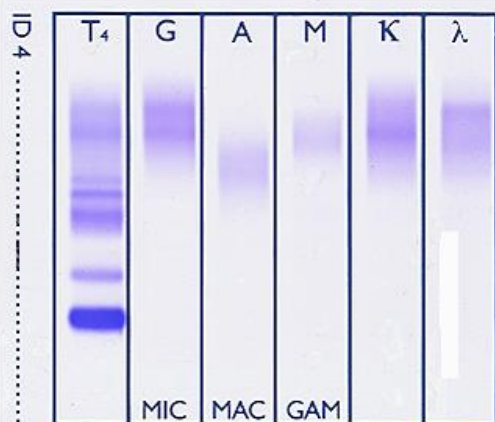
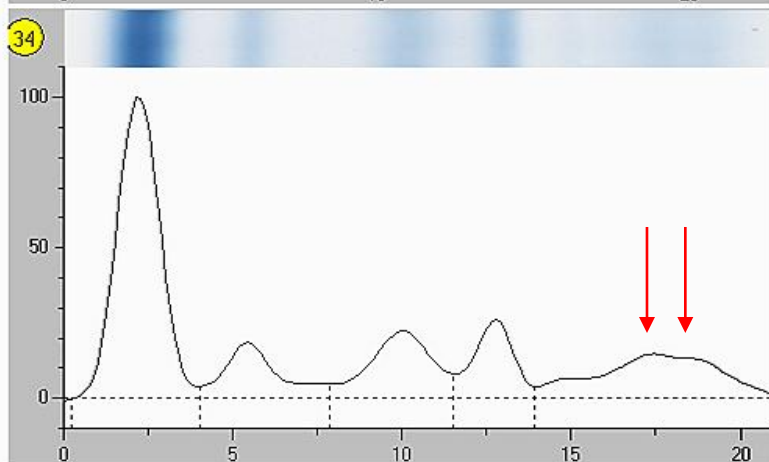
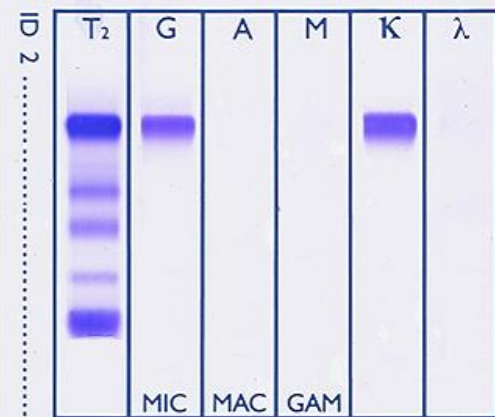
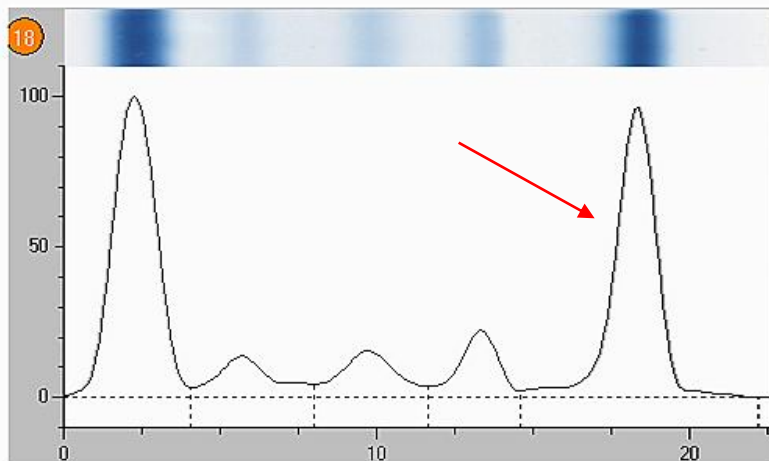
Proteasomhemmer: Bortezomib, Carfilzomib, Ixazomib....

IMiDs: Thalidomid, Lenalidomid, Pomalidomid

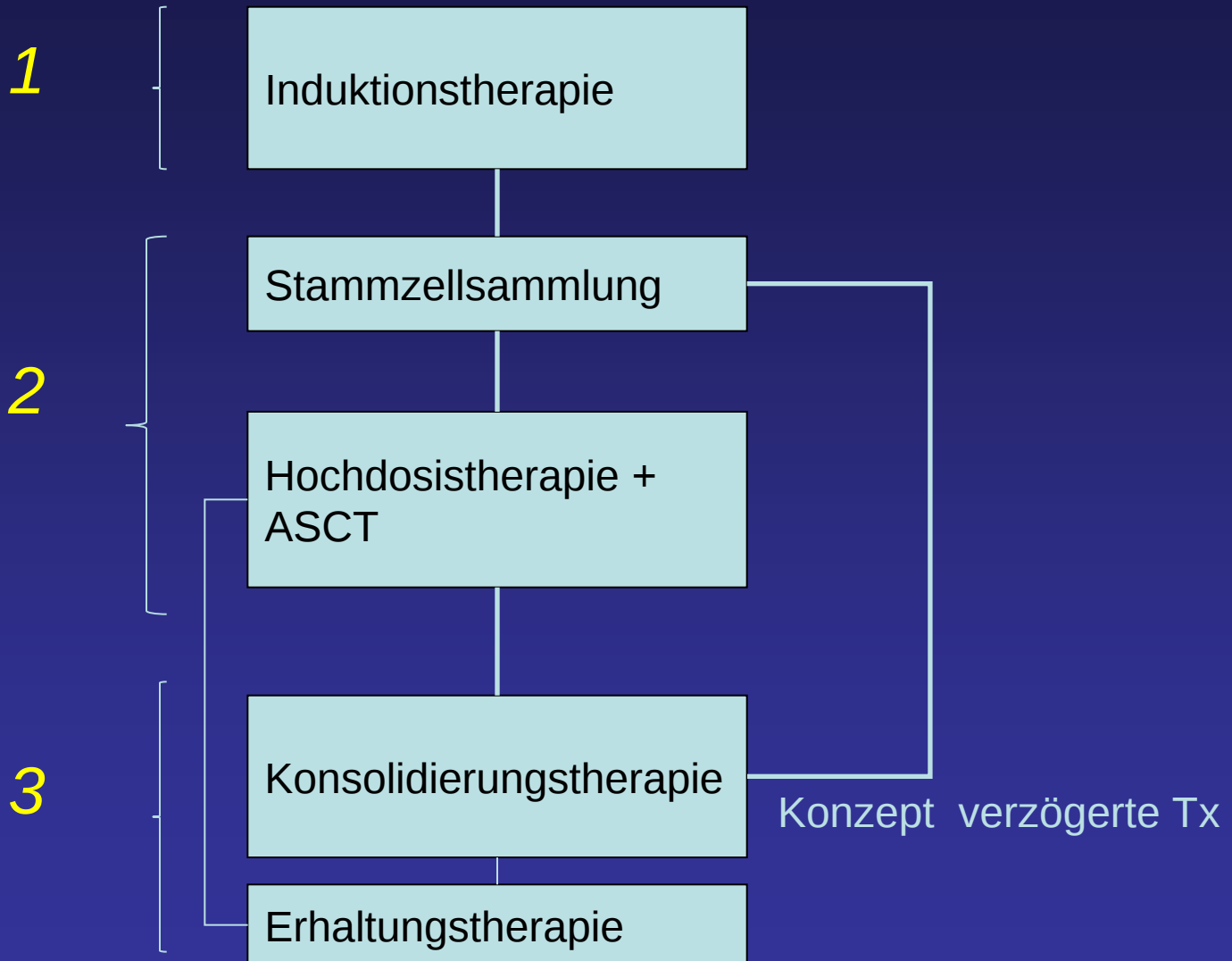
HDAC-Hemmer: Panobinostat

Antikörper: Daratumumab, Elotuzumab

VERLAUF



First Line Therapie Patienten fit für ASCT





THIS EVENING,
At the City-Tavern, will be Performed, a CONCERT,
for the Benefit of Mr. REHINE.

CONCERT.

FIRST ACT.

Overture	by Stamitz
Song, <i>The Lover's Petition,</i>	Rehine
Solo Violino	Phille
Song, <i>No, 'twas neither Shape nor Feature,</i>	Haiper
Quartet	Daveaux
Song, <i>O gentle Maid,</i>	Rehine
Sinfonia	Stanz

SECOND ACT.

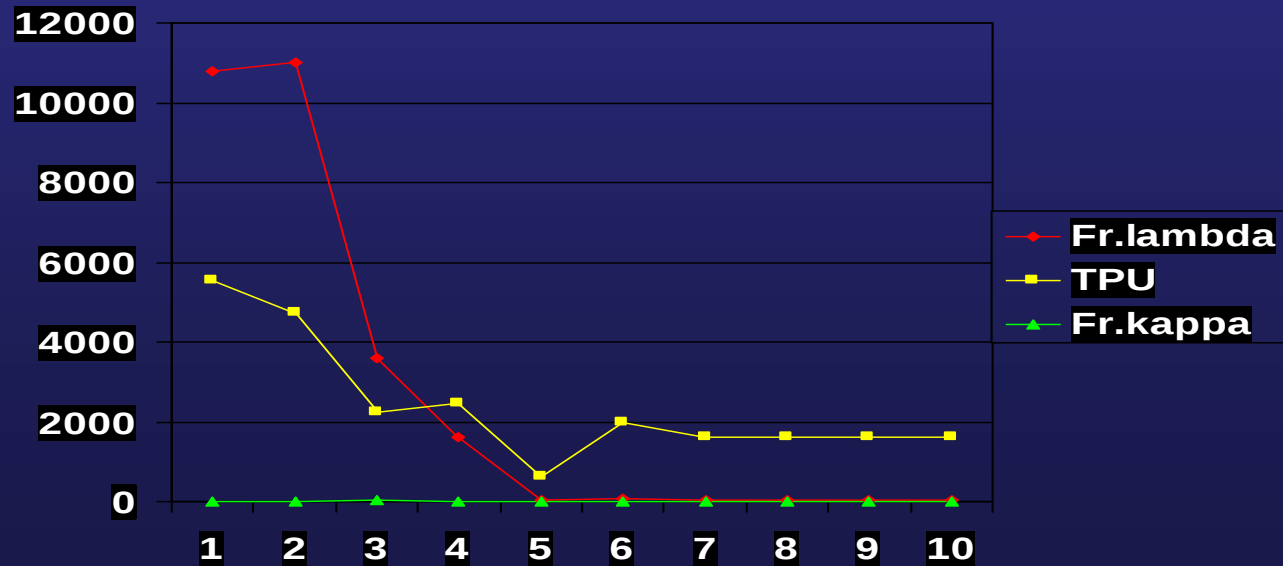
Sinfonia	by Vanhall
Song, <i>Mary's Dream,</i>	Rehine
Concert Clarinetto	Wolf
Hunting Song	Haiper
Quartet	Kamenci
Song, <i>Ma Cher Amie,</i>	Rehine
Sinfonia	Kamenci

After the CONCERT a BALL.

Tickets, to admit a Gentleman and Lady, may be had at the City-Tavern, and of Mr. Oswald, at the Coffee House. Price, One Dollar.

The Concert to begin precisely at 7 o Clock.

Philadelphia, Nov. 28.

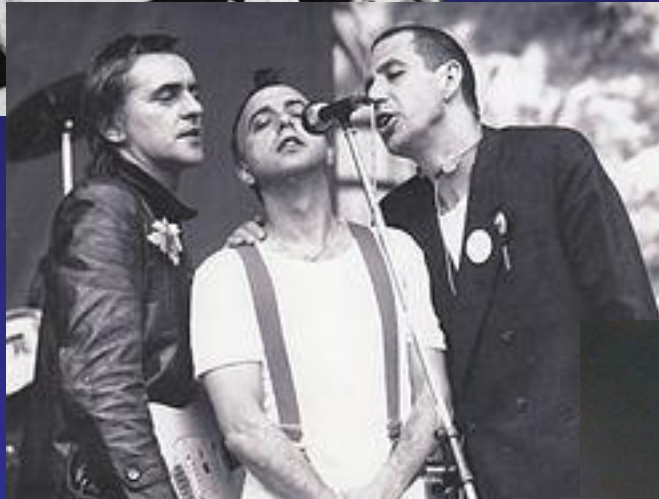


1. Induktionstherapie



Vel/Dex
Rev/Dex
Thal/Dex

Vel/Thal/Dex
Vel/Cyc/Dex
Vel/Rev/Dex



Vel/Thal/Cyc/Dex



2. Hämatopoietische Stammzellen (Blutbildende Stammzellen)

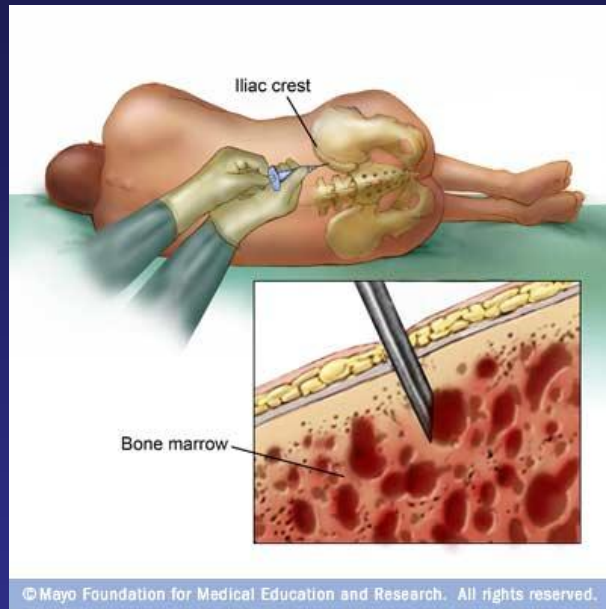
- **Stammzellen – Woher?**

- Peripheres Blut
 - Knochenmark

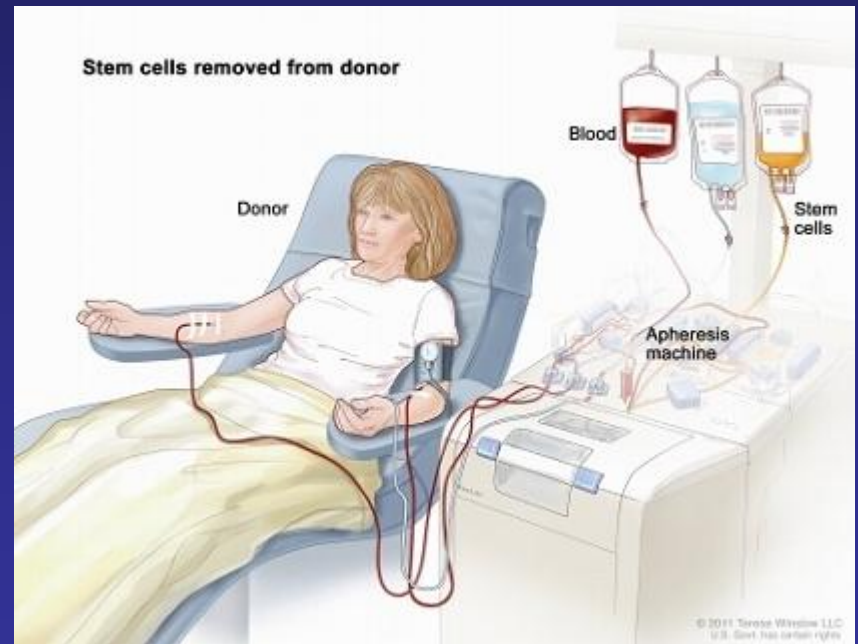
- **Stammzellen – Von wem?**

- Vom Patienten selbst = Autolog
- Von einer anderen Person = Allogen
 - Syngen (Eineiiger Zwilling)
 - Verwandt (Bruder/Schwester)
 - Fremdspender (Register)

Stammzellsammlung – Damals



Stammzellsammlung – Heute



Pherese

Auftauen Stammzellen - Transplantation



Autologous Transplantation and Maintenance Therapy in Multiple Myeloma

A. Palumbo, F. Cavallo, F. Gay, F. Di Raimondo, D.B. Yehuda, M.T. Petrucci, S. Pezzatti, T. Caravita, C. Cerrato, E. Ribakovsky, M. Genuardi, A. Cafo, M. Marcatti, L. Catalano, M. Offidani, A.M. Carella, E. Zamagni, F. Patriarca, P. Musto, A. Evangelista, G. Ciccone, P. Omedé, C. Crippa, P. Corradini, A. Nagler, M. Boccadoro, and M. Cavo

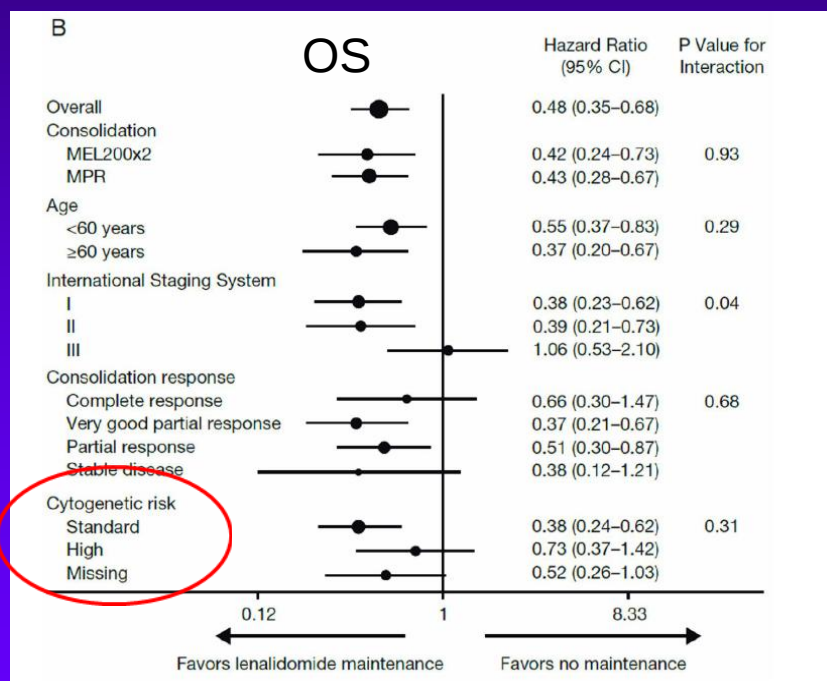
Len/Dex x 4 → STZ-Pherese → MPR x 6 oder MEL200 x2
→ Len Maintenance oder keine Maintenance



Hochdosis (MEL200) besser

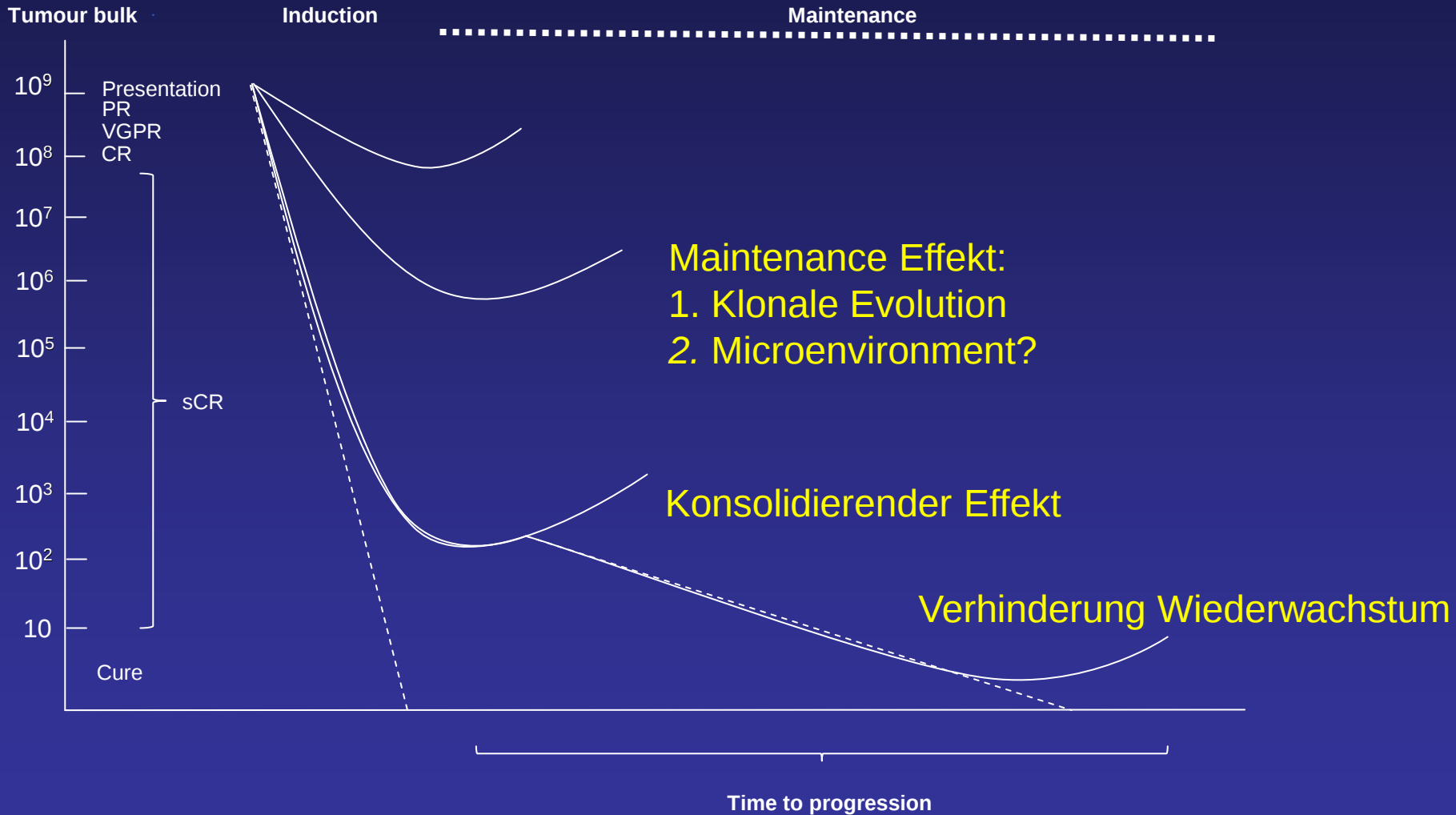
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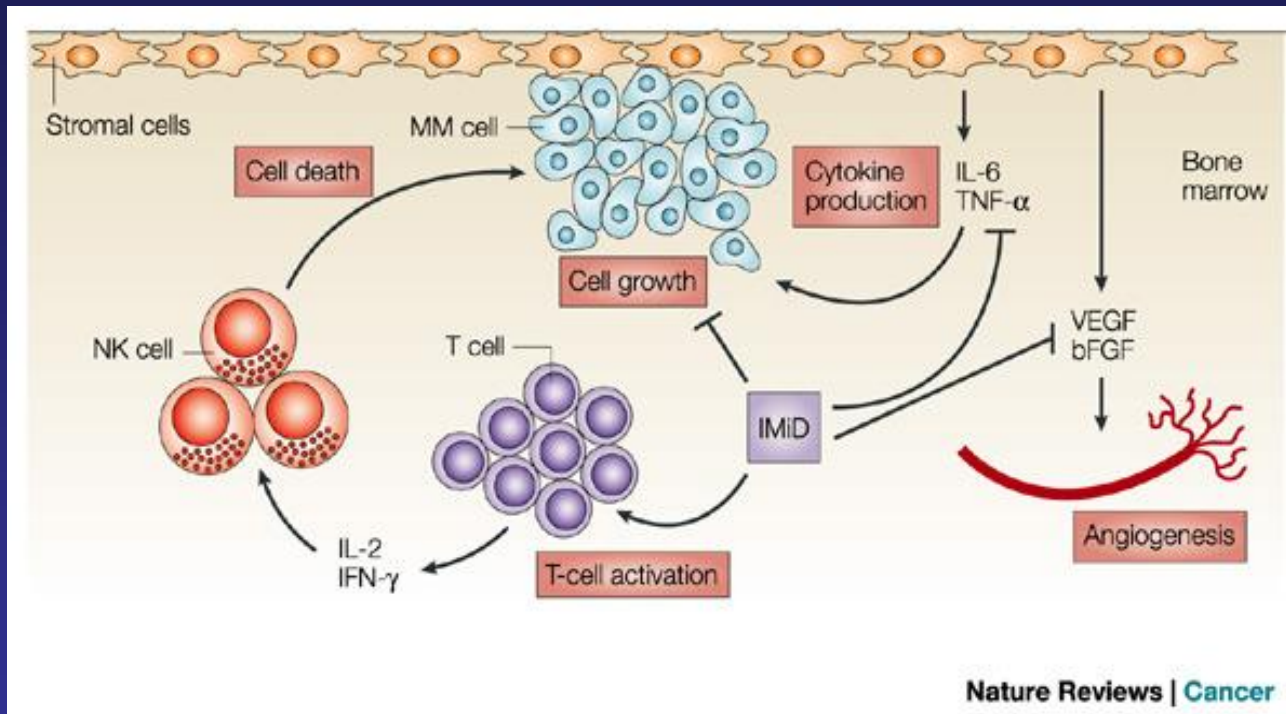


3.

Erhaltungstherapie (Maintenance)



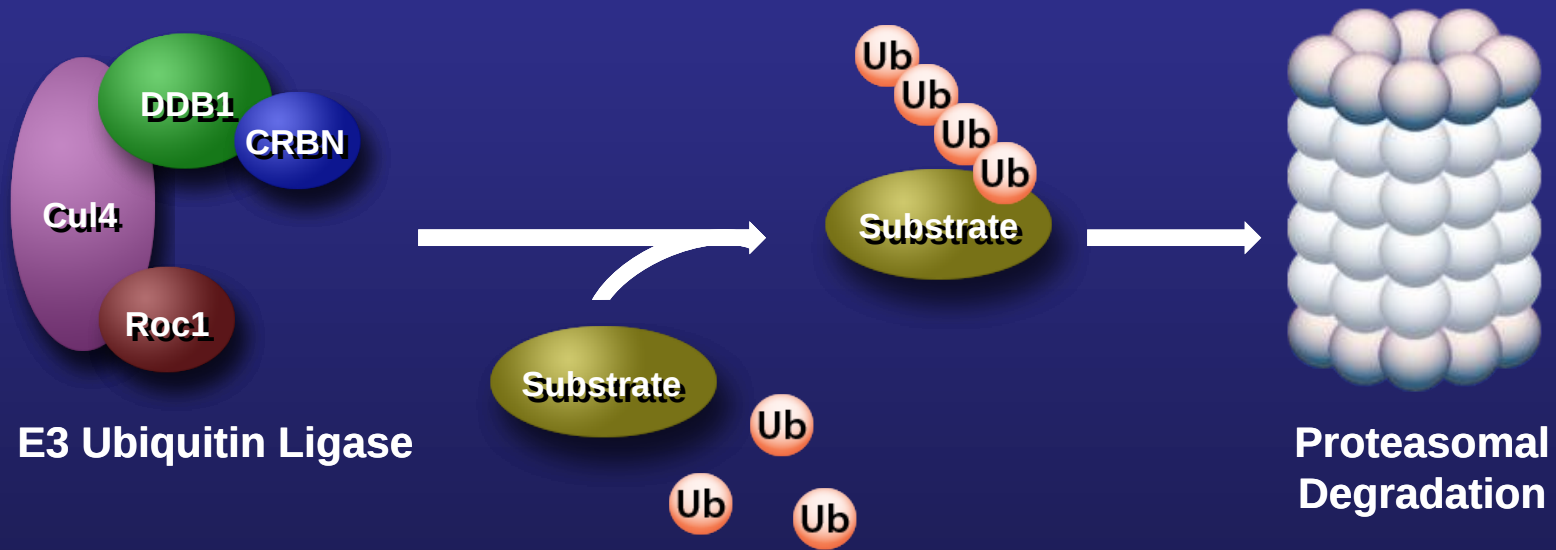
IMiDs – immunomodulatorische Substanzen



Thalidomid
Lenalidomid (Revlimid®)
Pomalidomid (Imnovid®)

Bartlett et al., 2004

Cereblon, a Component of an E3 Ubiquitin Ligase, Is a Target of Lenalidomide and Other IMiD[®] Drugs¹⁻³



CRBN: cereblon; Cul4: cullin 4; DDB1: DNA damage-binding protein 1; Roc1: regulator of cullins 1; Ub: ubiquitin.

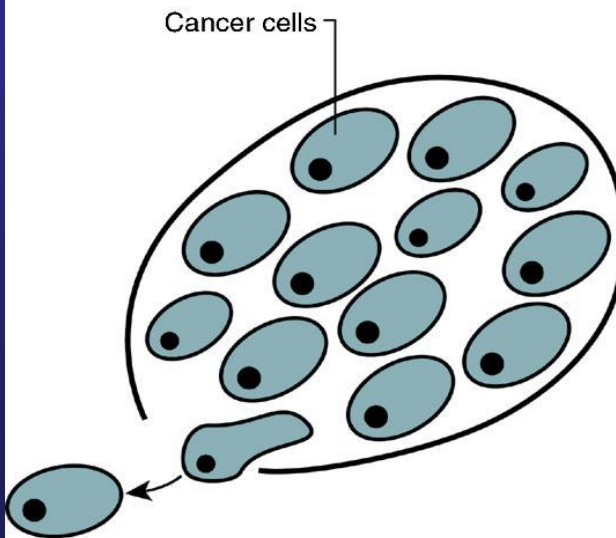
1. Lopez-Girona A. *Leukemia*. 2012;26:2326-2335. 2. Ito T. *Science*. 2010;327:1345-1350. 3. Zhu YX. *Leuk Lymphoma*. 28 Sep 2012. [Epub ahead of print]. DOI: 10.3109/10428194.2012.728597.

Bailar and Smith: „Progress against cancer?“

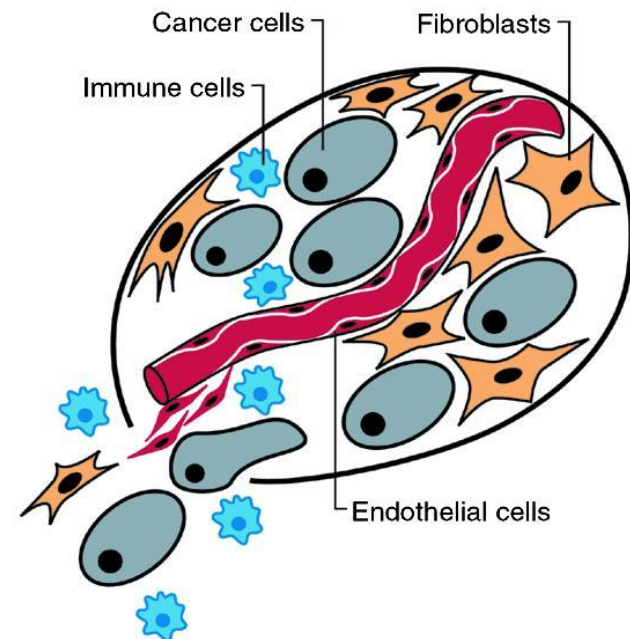
Vergleich Alters-adaptierte Mortalitätsrate 1950-82

New England Journal of Medicine, Mai 1986

The Reductionist View

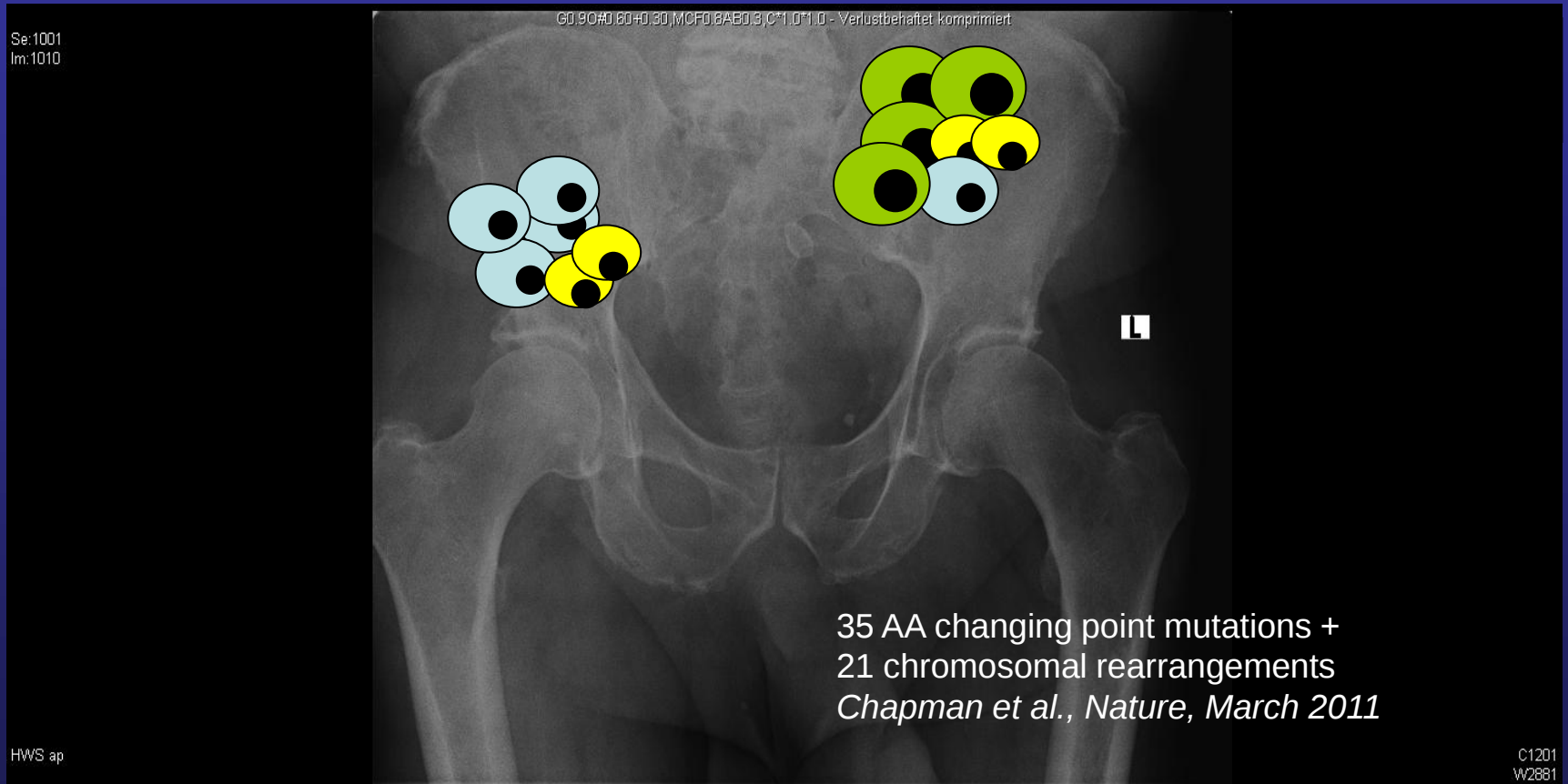


A Heterotypic Cell Biology



MM Heterogenität

Tumor cell heterogeneity = intraclonal (all MM cells share VDJ signature)



Not all mutations occur in the same cell

Spatial variation in tumor composition

Expansion and decline of clonal populations over time

Partial tumor responses to therapy and emergence of drug-resistant cells

Seeding from subclones (rare or common in the original population)

Danke für die Aufmerksamkeit!